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Let Me Taste That Pickle

My topic for this unit is the five senses. I decided to put my focus on the activity that has to do with taste. I called it, "let me taste that pickle." In this activity I will read the book, "I Hear a Pickle (and Smell, See, Touch, and Taste It Too!)" by Rachel Isadora. Once I'm done reading the story the children will go back to their chair where we would have a chance to taste different types of pickles. I will have 6 flavors: Dill pickle, kool-aid pickle, candied pickle, kimchi, pickled eggs, and apple refrigerator pickle. The point of this activity is for the children to explore with their taste. The learning experiences connect to the larger theme of my curriculum unit by the children being able to taste the different types of pickles, smelling the pickles, touching to see the texture of the pickles, and being able to see the color, shape, and presentation of the pickles.

In this activity the children will be able to explore with their sensory exploration: Taste, smell, touch, and sight. With taste children are sampling different types of pickles. They are able to explore their taste buds. The children go from flavors of salty, sour, and even sweet. Pickles have some type of scent, with this the children will be able to use their nose to smell each pickle. With touch, each pickle has a different texture, the children will use their hands and mouth to feel the texture of each pickle. Lastly each pickle has a different color and shape, the children will be able to describe what the pickle looks like. With this activity the children can keep

growing with their language development. They will learn new vocabulary words like sour, crunchy, kool-aid, and dill. They will be able to use some of these vocabulary words to describe each pickle. Pickles come from different parts of the world, like kimchi comes from Korea. The children will be able to learn a bit more about cultures through pickles. They will learn a bit more of the history of each pickle. In this activity the children will use their fine motor skills by picking up the pickles with their fingers/hands and also if the piece of pickle is too big they can use a child safe knife to cut it into smaller pieces. This activity also focuses on the children's social skills. Since they will be sitting at their tables they will be able to share and make conversations with their classmates. And lastly some children might like pickles while others don't. This activity will focus on the child's emotional development by letting the child have their own feelings towards each pickle and accepting that it's okay to have different taste buds and preferences. All of this makes my activity developmentally and culturally appropriate for a diverse group of Pre-K learners.

Each child is different from one another and they have their own way of learning. It's important to create activities that will provide a learning experience with different learning styles and needs. This pickle activity helps children who are auditory learners by reading them the story and telling cultural facts about the pickles. Visual learners by being able to see and examine the pickles. Tactile learners by being able to hold and touch the pickle. They can also slice or cut the pickle with the child safe knife. Social learners by being able to work with their classmates and making conversations about what they are tasting, if they like it or not. Verbal learners by me giving clear directions of what we are doing, asking questions, and teaching new vocabulary words. And with special needs learners if they don't like touching their food with their hands they can use a fork and a child safe knife to explore the pickles with their eyes and scent. This

also works if they have a sensory sensitivity. I used information from foundation learning group I used the article, “7 Types of Learning Styles | What You Need to Know” and Pedagogue Connecting Educator in which I used the article “23 Diverse Learning Style Activity Ideas” by Matthew Lynch.

In conclusion, with this activity I hope the children in my class learn that we have different taste buds, what someone like you might not like. Also learn that even though it is a pickle they all have different texture and flavor. This connects with my main curriculum by the children learning more about their five senses.

References

23 Diverse Learning Style Activity Ideas - Pedagogue. (2023, December 11).

<https://pedagogue.app/23-diverse-learning-style-activity-ideas/>

7 Types of Learning Styles | What You Need to Know. (n.d.).

[Www.foundationlearninggroup.com](http://www.foundationlearninggroup.com).

<https://www.foundationlearninggroup.com/blog/types-of-learning-styles>