

# WEEK OF 10/24-10/28 UPCOMING EVENTS



24

AATC WORKSHOP: HOW TO  
CONCENTRATE ON YOUR STUDIES

Meeting ID: 854 8601 6105 Passcode: 824058  
3:00 PM - 4:00 PM

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DEGREEWORKS 101  
10:00 AM- 11:30 AM

Meeting ID: 837 2102 6315 | Passcode:  
894219

26

FITMIND: PLAN A TO B: MANAGING  
ANXIETY

ZOOM 12:00 PM-1:00 PM

RSVP

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