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Commentary Final Paper

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Winifred Aycardi gave birth to Aruna Orozco on December 07, 2018. Aruna was born at 2:37am at NYU Langone hospital weighing 5lbs and 7oz. Aruna got her name from a soap opera that Winifried and her mother used to watch together. Aruna also goes by the nickname Runi. She turned two on December 7. Aruna is a petite baby weighing about 23lbs now. She has dark brown hair where she prefers to have her hair loose in curls. When tied she removes rubber bands from her hair. Aruna is light skin and has hazel green eyes that match with her complexion. Aruna prefers to wear leggings with a short sleeve shirt. In the home you have Aruna's grandparents, her parents, her uncle who is currently in college but lives in a dorm therefore he is mostly not around at times and the family also has a small dog of no more than 12lbs. The family has been residing in Manhattan for over 20 years. They live in the Lower East Side near the FDR drive. The home is provided with rugs to provide safety while Aruna explores around the house. There are toys provided for her laid out on the floor. The baby is provided with a lot of cognitive toys which help with baby development. The environment in her home is safe as her mother has provided gates in certain areas where an injury can be caused. Along with the gates Winifred has provided for safety another tool she used to avoid an injury is safety plug outlet covers. Between couches and tables around the apartment, there is enough space and objects can use Aruna to

explore around in areas. The apartment windows are closed and secured which also creates a warm environment. There are no materials which can prevent an injury from happening. The environment in the house is well organized for exploration, play, sleep and eating.

Aruna's grandparents were born and raised in Columbia and although Aruna was born and is being raised in New York her parents still follow their culture which are beliefs and the lifestyle back in Columbia. Aruna's mother Winifred was born and raised in New York but her father was born and raised in Columbia. Her father received a permanent resident card and is currently living with the family at their home. Although they are residing in New York they still follow traditions that are part of their beliefs and culture. Aruna was blessed at a church when she was 2 months. The blessing was to receive God's permission for Aruna to live a long healthy life and to welcome her into this world as one of their own. Later on, Aruna was baptized where this is believed to keep her away from sinning as she develops. As she gets older she will receive her communion than her confirmation. These are the beliefs in the Catholic religion. After baptism, they celebrate with food and drinks because it symbolizes the start of a new life. Families share food, music and dance. The Godparent's are the ones who are responsible for planning and putting together the party but they come together as one family and share what they will have as meals to share. Families bring pork, chicken, rice with pigeon peas and then there are the side foods that are used to snack on. The night before the gathering, the parents of Aruna make empanadas. Empanadas is deep fried dough with chicken or beef in the center. Baptism is done on a Sunday at the Caltholic Church. The church service is given in spanish therefore the family of Aruna

primary language is spanish. Aruna is spoken to in spanish by her grandparents, her father but spoken to english by her mother and Uncle. Being that Aruna comes from a home where spanish is the primary language I believe it is only right she is put in a classroom where there is a teacher who speaks spanish that can create a comfortable environment for Aruna to adapt to a little faster. Spanish teachers are very much knowledgeable about spanish culture because they relate to one another, therefore having a spanish teacher in the classroom would provide some of the cultural beliefs that Aruna and her family practice. The information shared about Aruna's culture and belief make her and her family collectivist because they associate in groups where they socialize and come together to share practices and advice one another on success. Therefore it is important when deciding to put Aruna in a classroom, teachers must provide a curriculum of socialization where she is put in a classroom of kids who are not extroverts and instead welcome new students into the classroom. It is also very important that teachers consider choosing an environment for Aruna that respects set routines. Aruna has a chart at home that her mother uses daily to help her get through her and Aruna's day. They start with breakfast then after breakfast until 12pm they do activities followed by a nap. After nap it's usually lunch time. After lunch time her mother encourages her to potty train. When choosing a classroom for Aruna, considering a classroom with set rules rather than free time would be a way to respect the routines that are created for her at home.

Aruna experienced Columbia while in her mother's womb for the first time. Her mother conceived in Columbia. Her mother traveled back to New York during her 4th month of pregnancy. That was her first prenatal visit. Her mother gave birth to Aruna at

39 weeks. Aruna was born healthy and all her stat levels were normals meaning her oxygen, blood pressure and heart rate was normal. Aruna was born small, weighing at just 5lbs and 7oz but being her overall health had no complications she was good to go home on the third day after labor with her mother. Bringing the baby home was fine for Winifred. It was her first time being a mother and although she was aware of the first weeks of bringing a baby home was overwhelming, she didn't realize how stressful it could become. Aruna woke up every two hours for milk where she was breastfed. Her mother was tired most of the day because nights were difficult for her the first few weeks. Things started to get better after about 2 months where Aruna was now holding down an extra ounce of milk through the night. Her mother no longer was waking her up for milk instead she waited for her baby to awake for milk as told so by her doctor. When this happened she would give her half an oz extra into her feeding. Winifred benefited from more sleep where she was able to be alert through the day to attend to her baby's needs. The experience Aruna had during her early ages where her mother let her sleep a little longer for feeding, she has adapted to that environment today. Aruna is better to understand when a scenario like this appears. An example is during feeding time. She would cry when she is hungry and this is how she communicates to let caregivers know she is ready for food. In her classroom environment it should be considered that if Aruna is not ready for food she should not be forced to eat because she informs when she is hungry. Attempting to feed can be done or as her mother mentioned eating as a group would encourage her to eat. When it is feeding time for Aruna she is put in a high chair where she assists herself to bring food to her mouth. Although Aruna is two years and would appear to seem she needs help, she prefers to

eat by herself. Aruna is very open minded to meeting other people and she is very friendly but she is attached to her grandmother. She does spend most of her days with her grandmother while her parents work. During the week from 12-6pm she is with her grandmother while her mother works in an Afterschool program. The weekends she spends it with her mother. Her father works in a barbershop therefore the majority of his time is spent in the workplace. Some Sundays her grandmother travels with Aruna to church service. Aruna doesn't really have an outside family who visits her because most of her family members live back in Columbia. Her grandmother does babysit a baby of a friend so Aruna does have social time with another little boy who is 3 years of age. This is where she gets to share exploration in play. Her and the 3 year old play together. They share toys. These toys come in shape where Aruna has to figure out what shape fits best in the opening on the box. This tool is great for cognitive development because it "includes curiosity, exploration, self-efficacy, competence and mastery" (Peterson, 2). Aruna is able to communicate both verbally and using body movement. Aruna and her mother share learning time with language by going over symbols Aruna can use to gesture for things when she wants or needs them which helps with the domain in communication. "Describing your actions with words helps the baby to understand and anticipate your next month" (Kovach & Voseles, pg. 2). Being Aruna is being taught the communication of her needs, she is also able to show when she is in need of support when her feelings are off. Winifred has learned when Aruna expresses feelings, she notes that keeping calm and peaceful has a good outcome because, "if we respond with anger to a child's anger or with impatience to a child's sadness, children don't learn to respect these feelings" (Mena, pg. 2) Aruna expresses when she is tired. She has a

favorite blanket that her Godmother gifted her. Her mother usually leaves her blanket in a location where she is able to attend herself to the object. This is something that can be done in the classroom. Educators should consider allowing the parent to bring Aruna's blanket when it is nap time as her mother did express it could encourage her to sleep when it is time for a nap. Switching to the social domain, Aruna enjoys interacting with her classmates. Her mother reads a lot to her which also helps cognitively but she shows her social domain by grabbing a book and pointing to a letter as she babbles words. She shows expressions by laughing as she reads because these are the emotions her mother shows while reading to her. This is a perfect example where "peers can use humor and experience laughter because...they gain social knowledge even when they have conflicts or use aggressive behaviors" (Wittmer, pg. 17). Her development skills in physical development show through her movements. "The more mobile he becomes, the more he increases his knowledge about himself and the people and things around him" (Pica, pg. 1). Aruna has learned how to climb chairs now where her mother worries for her because she is afraid Aruna would get hurt. Pica explains this in his article where babies start to become more aware about themselves and the things people around them do. Aruna has noticed that sitting in her high chair is no longer a normal thing for her. She prefers now to sit at the table during lunch on a chair that she is no longer strapped to. Not having her tied to the highchair gives her the opportunity to touch more now. She is feeling different textures as in when she has to pull the chair that is of wood rather than plastic. "Some of a baby's early responses to touch are reflexive" (Honig, pg. 1). When Aruna was being fed in her high chair she did not mind being in pampers where now eating she prefers to put on pants because of the different texture of the wood. She would start to itch herself at first and it's when her mother became aware she was bothered by the material. Being Aruna is very good with giving hints on when something is required for change. Educators would notice when Aruna is requesting something because she has developed all domains.

To best comprise the family and baby teachers must keep in mind the routines that are followed at home to respect both families and Aruna. When this is met Aruna would adapt to the environment because she is very open-minded and communicates with caregivers using body movements or even words to attend to her needs.

Respecting the culture of Aruna families is another thing to keep in mind as it would help her to socialize with others. Bilingual teachers would be encouraged for the families as most of the time her grandmother would be picking her up. Aruna's mother is engaged in being informed daily on Aruna's behavior and development therefore providing someone who can communicate with her would be a benefit to create relationships between families and teachers.