

Building Curriculum Through Books

Please complete all sections of the book report.

Curriculum Theme: Food-subtheme: What I eat, what my classmates eat, what people around the world eat

Book title: My food, Your food, Our food

Author: Emma Carlson Berne

Summarize your book. What is the story about?

This book focuses on the differences and likenesses in what people eat around the world.

Mirrors and Windows: How might this book support children in your class. Is it a mirror, window, sliding door, or a combination? Explain.

The cover of this book features children of three different ethnicities, which provide mirrors to children of different backgrounds that may be in the classroom.

Describe the illustrations. How do the illustrations add to the story?

There are friends from all backgrounds sharing and discussing what they eat, which really encourages acceptance of others cultural food choices

List questions that you would ask before, during, or following a read-aloud or discussion of this book.

“Do you think we all eat the same foods or different foods?”

“Have you tried food from different places?”

“Did you see any foods in this book you would like to try?”

Get creative! Briefly describe an art activity (using visual arts, movement, music, or dramatic play) that you would do with your class of 4, 5, or 6-year olds in connection with reading this book.

Choosing 1 or 2 foods that the class agrees on from the book that we can make and try in our own room!