

When interviewing the family, ask all of the questions

- Pregnancy and birth
 1. How did you know you were pregnant? How far along were you in your pregnancy when you found out you were pregnant?
 2. What was your reaction to learning you were pregnant? How did your loved ones respond?
 3. How did you feel during your pregnancy?
 4. Did you want to have a girl or a boy?
 5. What activities did you do while you were pregnant? Do you believe that any of those activities made your labor easier?
 6. Did you have any cravings during your pregnancy?
 7. What was your birth experience?
 8. Who supported you during your pregnancy and birth experience?

- First weeks
 1. Can you tell me about the first days you brought the baby home?
 2. How did you feel after your pregnancy?
 3. What was the baby's schedule (sleeping, eating) during the first weeks at home?
 4. Where did the baby sleep when they first came home?
 5. Were you able to understand the baby's different cries?

- Eating, sleeping & routines
 1. What is the baby's schedule for a typical day – when does the baby eat, sleep, what time does the baby do different activities each day)?
 2. Did you bottle feed or breast feed?
 3. Does the baby eat solid food? When will/ did you start solid food?
 4. How does the baby let you know they are hungry?
 5. When does the baby eat now (schedule/time)? What are their eating habits?
 6. What is the baby's eating routine (where & how do you feed the baby)?
 7. Where does the baby sleep now?
 8. How does the baby let you know they are tired?
 9. Does the child have a set sleep schedule??.
 10. What is the child's sleep routine (what do they do before getting ready for sleep/nap, how do you put the baby to sleep)? Do they sleep with a pacifier or special toy?
 11. How does the baby let you know they need a diaper change?
 12. How often does your child get changed? Do you use any cream or powder when changing the baby?
 13. What is your routine for changing the baby (where do you change the baby, what do you do)?
 14. How do you plan to begin toilet training?

- Communication, including linguistic background, what languages family speaks
 1. What languages are spoken inside your home?
 2. What language do you typically use when speaking with your child?
 3. What languages is the baby exposed to outside of the home? What language do you prefer in a school/ child care setting?
 4. How does the baby communicate with you? How do you know when your child is asking for something? What gestures does your child make when upset, hungry, tired etc.?

- Gaze, Interest & Play Activities
 1. What are some games that you play with your baby?
 2. How do you normally engage with your child when you are playing with them?
 3. What books do you read to the baby?
 4. What kind of books does your child enjoy?

- Relationships with key people, who child spends time with, who's important
 1. Who does the baby spend time with during the day and evening?
 2. Who has a bond with the baby? (Who does your baby connect with the most?)
 3. Who is the baby most attached to?
 4. What role does extended family play in raising the baby?
 5. Who takes care of the baby when you are at work or have things to do?

- Reactions to strangers
 1. How does the baby react to strangers?
 2. How long does it take the baby to get to know a new person?
 3. How do you introduce your baby to new people?

- Self-Regulation & Temperament
 1. How does your baby soothe themselves when they are upset?

- Family culture, important beliefs and practices that affect child rearing
 1. What is your ethnicity?
 2. How do you define or describe your cultural background?
 3. How does your culture influence how you raise your baby?
 4. What traditions, holidays, special celebrations are important to your family?
 5. What does your family do to honor those traditions, holidays, and celebrations (who gathers together, where do you gather what food do you eat, what do you do, etc.)?
 6. Do you have any strongly held family beliefs around raising your baby?
 7. What do you think are the most important values to give your baby?

- Anything else you think to ask, want to know or that the parent wants to tell you
 1. Does your child have any allergies, health conditions or take any medications?
 2. What else would you like to share about your experience raising a baby?
 3. Where did your child's name come from?
 4. How have your beliefs and practices about family changed after having children?
 5. Does the baby have siblings?
 1. What is the relationship like between the siblings?
 2. How is it raising more than one child?