

Family Interview Questions

When interviewing the family, ask all of the following questions

- **Pregnancy and birth**
 1. When did you know you were pregnant?
 2. What was your reaction to learning you were pregnant? How did your loved ones respond?
 3. How did you feel during your pregnancy?
 4. What activities did you do while you were pregnant? Do you believe that any of those activities made your labor easier or difficult?
 5. Did you have any cravings during your pregnancy?
 6. What was your birth experience?
 7. Who supported you during your pregnancy and birth experience?
- **First weeks**
 1. Can you tell me about the first days you brought the baby home?
 2. How did you feel after your pregnancy?
 3. What was the baby's schedule (sleeping, eating) during the first weeks at home?
 4. Where did the baby sleep when they first came home?
 5. Were you able to understand the baby's different cries?
- **Eating, sleeping & routines**
 1. Did you bottle feed or breastfeed?
 2. What is the baby's schedule for a typical day – when does the baby eat, sleep, what time does the baby do different activities each day)?
 3. Can you describe a routine for the baby – how you feed the baby, how do you put the baby to sleep?
 4. Where does the baby sleep now?
 5. Does the baby eat solid food? When will/did you start solid food?
 6. How do you plan to begin toilet training?
- **Communication, including linguistic background, what languages family speaks**
 1. What languages do you speak?
 2. What languages is the baby exposed inside the home? Outside of the home?
 3. How does the baby communicate with you?
 4. Do you have any interest in teaching the baby a second language?
 5. What is the baby's favorite word at home?
- **Gaze, Interest & Play Activities**
 1. What are some games that you play with your baby?
 2. What is your baby's favorite activity?
 3. What books do you read to the baby?
 4. Does the baby have a favorite book?
- **Relationships with key people, who child spends time with, who's important**
 1. Who does the baby spend time with?
 2. Who has a bond with the baby?
 3. Who is the baby most attached to?

4. What role does extended family play in raising the baby?
 5. Who takes care of the baby when you are at work or have things to do?
- Reactions to strangers
 1. How does the baby react to strangers?
 2. How long does it take the baby to get to know a new person?
 3. How do you introduce your baby to new people?
 - Self-Regulation
 1. What methods does your baby use to soothe themselves when they are upset?
 - Family culture, important beliefs and practices that affect childrearing
 1. What is your ethnicity?
 2. How do you define or describe your cultural background?
 3. How does your culture influence how you raise your baby?
 4. What traditions, holidays, special celebrations are important to your family?
 5. What does your family do to honor those traditions, holidays, and celebrations – who gathers together, where do you gather what food do you eat, what do you do, etc.?
 6. Do you have any strongly held family beliefs around raising your baby?
 7. What do you think are the most important values to give your baby?
 - Anything else you think to ask, want to know or that the parent wants to tell you
 1. What else would you like to share about your experience raising a baby?
 2. Where did your child's name come from?
 3. How have your beliefs and practices about family changed after having children?
 4. Does the baby have siblings?
 1. What is the relationship like between the siblings?
 2. How is it raising more than one child?

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