

## Family Interview Questions

When interviewing your family, ask them all the questions (double-sided) and take detailed notes on their responses

- ❖ Pregnancy and birth
  1. When did you know you were pregnant?
  2. What was your reaction to learning you were pregnant? How did your loved ones respond?
  3. How did you feel during your pregnancy?
  4. What activities did you do while you were pregnant? Do you believe that any of those activities made your labor easier or difficult?
  5. Did you have any cravings during your pregnancy?
  6. What was your birth experience?
  7. Who supported you during your pregnancy and birth experience?
  
- ❖ First weeks & self-regulation
  1. Can you tell me about the first days you brought the baby home?
  2. How did you feel after your pregnancy?
  3. What was the baby's schedule (sleeping, eating) during the first weeks at home?
  4. Where did the baby sleep when they first came home?
  5. Were you able to understand the baby's different cries?
  
- ❖ Eating, sleeping, toilet learning & routines
  1. Did you bottle feed or breast feed?
  2. What is the baby's routine for a typical day?
  3. Where does the baby sleep now?
  4. Does the baby eat solid food? When will/ did you start solid food?
  5. How do you plan to begin toilet training?
  
- ❖ Communication, including linguistic background, what languages family speaks
  1. What languages do you speak?
  2. What languages is the baby exposed inside the home? Outside of the home?
  3. How does the baby communicate with you?
  
- ❖ Gaze, Interest & Play Activities
  1. What is your baby's favorite activity?
  2. What toys or materials does the baby like to play with?
  3. Does your baby have a special toy or object they sleep with or like to carry around?
  4. What are some games that you play with your baby?
  5. What books do you read to the baby?
  
- ❖ Relationships with key people, who child spends time with, who's important
  1. Who does the baby spend time with?

2. Who has a bond with the baby?
3. Who is the baby most attached to?
4. What role does extended family play in raising the baby?
5. Who takes care of the baby when you are at work or have things to do?

❖ Reactions to strangers

1. How does the baby react to strangers?
2. How long does it take the baby to get to know a new person?
3. How do you introduce your baby to new people?

❖ Family culture, important beliefs and practices that affect childrearing

1. What is your ethnicity?
2. What is your cultural background?
3. How does your culture influence raising your baby?
4. What traditions, holidays, special celebrations, food are important to your family?
5. Do you have any strongly held family beliefs around raising your baby?
6. What do you think are the most important values to give your baby?
7. How have your beliefs and practices about family changed after having children?

❖ Anything else you think of or that the parent wants to tell you

1. What else would you like to share about your experience raising a baby?
2. Where did your child's name come from?
3. Does the baby have siblings?
  - i. What is the relationship like between the siblings?
  - ii. How is it raising more than one child?