

## Fine Motor Skills & Processes

- Reaching & grasping
  - Reach for/ swat object
  - Grasp objects
  - Let go of objects
  - Bang objects together
  - Pass objects hand to hand
  - Use hands independent of other
- Picking up small objects
  - Grab small objects with whole hand
  - Pinch small objects with thumb & index finger to pick-up
- Finger movements
  - Poke with finger
  - Use fingers independent of each other
  - Turning pages of a book
- Writing
  - Hold writing instrument
    - With fist grasp
    - End/ top of crayon with whole hand
    - Hold at bottom of crayon with 3 fingers (tripod grasp)
  - Drawing
    - Scribble off paper
    - Scribble on paper
    - Draw intentional picture, unrecognizable
    - Draw picture with recognizable features
    - Drawing with some letters accidentally
    - Copy/ trace letters
    - Form letters
    - Inventive spelling
    - Write sentences
- Hand-eye coordination (eyes perceive & hand carry out actions)
- Chewing
  - Swallow food
  - Chew up & down
  - Move food inside of mouth with tongue