

## CRT 100 Argument Project Outline

Here is what I suggest:

Topic: Gender Discrimination (in reverse) / Men's Mental Health

Working conclusion:  
Men's Mental Health should not be <sup>over</sup> shadowed under females.

Intro: (hook, intro to topic, conclusion)

The cause of most of the neglect & ignorance from men's mental health are healthcare systems, societal norms, & gender expectations all surrounding around masculinity, causing men to not want to show/express their true emotions keeping everything to themselves which can later cause major barriers in their life.

Premise 1:

- Men's mental health is usually marginalized.
- Men continue to face significant challenges in acknowledging, addressing, & seeking help.

Supporting Evidence:

"Men are less likely than women to access services for mental health disorders (28% vs 41%), such as depression & anxiety, & they account for three-quarters of deaths from suicides [3,4]" (Paul Sharp, Joan L. Botoff) --

Premise 2:

While there has been an increased focus on gender differences the attention has primarily been on females, leaving men to feel neglected/ignored when it comes to their feelings, often leading them behavioral issues that are misunderstood as opposed to women.

Supporting Evidence:

"Some psychologists contend that societal pressures on boys force them to suppress their most vulnerable emotions in service to a rigid ideal of manhood. They say the result is a nation of boys depressed, failing in school, & occasionally exploding with murderous rage." (Sarah Gray)

Premise 3 / **Opposing Viewpoint:**

- Men's mental state requires accountability.

Supporting Evidence:

"The mental component attending human conduct involves several distinct modalities of reason, two of which are relevant to intent: the cognitive element of deliberately comparing the act or omission & its consequences, interpreted as knowingly acting or omitting to act & foreseeing the consequences of the act or omission, & the volitional..." (Johan D. van der Vyver)

Conclusion: (paraphrase your conclusion/thesis, and explain why this topic matters)

- Men's Mental Health / well-being should receive equal attention & support without being sidelined by a focus exclusively on females.

This topic matters because it is important to recognize all genders & their emotional needs, & what can be done to help & benefit that individual.

Please note that your project can have more than 3 premises.