ECE 210-054W Reyes1

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12/8/2020

Young Children & Technology / Media

Young Children using technology/media can be pros and cons. Technology is a science or knowledge put into practical use to solve problems or invert useful tools. The media is other words can communication with other on a radio, television, newspapers, internet information. According the article, "Young People and new Media: Childhood and the Changing Media Environment in 2002 " Technology can be in a bad or good situations, When children are exposed to new technology and media at a young age it does not leave room for play with actual people. It reduces their physical activity and their socialization. We need to teach young children how to use technology the right way. Children are being affected because they can be big risk of depression. Technology can bring negative things meaning no interactions with children or between your siblings or parents, just have to use the technology in a thoughtful way. In the article, "Technology and media in child care (Better Kid Care)" in November 21, 2020, Technology affects the way individuals communicate, learn and think. With media people now use emails, social media, chat messengers, video conferences, video calls, use images. Media influences a lot of children behaviors that can manipulate, influence persuade. Both times having a positive and negative ways like mentally, physically snd emotionally. Children is all ages, early education programs, schools and families can be affected by the technology and

media. The intervention can start at any point in a child's life, based on how much computer time they get. In the article "Technology and Interactive Media as Tools in Early Childhood Programs Serving Children from Birth through Age 8 in (January 2012) "parents should start young and not introduce tablets or phones to their kids for a few years. Also, teachers should not implement new technology unless it is really necessary for them to use. Right now it's very hard for children because we are under a pandemic and some students are doing remote learning, meaning they have school online for most of the time for some hours. Parents are there to help them in every way but I feel that it isn't the same when you're in school actually sitting in a classroom learning. I believe students in ages birth to 8 years should not be exposed to media or new technology, not just yet. It can reduce poor eyesight, being anti-social and health problems as well. My plan is to address the issue to families and teachers for them show students how to use the technology and media the right way. Using technology and the media the wrong way can lead to many problems. My target audience will have to be the schools, teachers, administrators, community members and the Early childhood programs. These are the people who can learn and implement the issue at hand.

#### Research source Summaries

Young children & Technology / media are being affected in bad and good ways. In the article "How to Limit Kids Tech use" in the New York Times in November 19, 2016 they say that families or guardians should to teach their children how to use the technology in a good healthy way. Ground rules should be set for their children to understand when it's time to start

using the technology or media and when it's time to put away. This article is also saying that technology is here to stay in many ways it's good or it can be bad. Technology can be fun for kids all ages for them to express how they feel, to engage with others. The psychologist Jon Lasser, who wrote "Tech Generation" Raising balanced kids in a hyper-connected world on July 25, 2018 parents say that kids complain and say that they are bored when they are are not on the computer, as well as throwing tantrums when the parents set a screen time for them. I chose this article because it talks about why kids shouldn't be using technology in many ways.

In the article National Association for the Education of Young Children and the Fred Rogers Center for Early Learning and Children's Media at Saint Vincent College. (2012, January)

Technology and Interactive Media as Tools in Early Childhood Programs Serving Children from Birth through Age 8, it talks about how technology is here to stay in early childhood, and its programs is built upon solid develop- mental foundations, have challenges for the children to have opportunities for the children to improve in the programs. Early childhood educators get the use of technology and interactive media in ways that can make the best of opportunities for young children's cognitive, social, emotional, physical, and linguistic development. Having the children be on the screen the for too long can have major health issues such as obesity, depression. I chose this article because I agree with what they are saying, children using technology can be challenging for them but can also improve their skills in using technology and the media.

In the article Technology and media in child care (Better Kid Care), November 21, 2020, television is the most common technology is out there right now. According the The academy of

Pediatrics young children under the age of 2 years old should have no screen time and children over 2 years old should only 1 hour of screen time per day. Children having screen time will have to supervised with a parent in order to help them understand what they are seeing. There are many concerns that children's health will lack off, it can lead to obesity or overweight, impact of the ability to focus and concentrate on their tasks, having difficulty between pretend and the real life and having problems of sleep.

# Small Advocacy

I plan to work with my target audience in needed for Young children & Technology / media, is to bring attention by planing town hall meetings with schools and promote workshops to teach teachers and the staffs to find educational resources on devices that can be beneficial for students. I will also get an area where kids are in need and will come and help them out with my audience and make sure they are good with the materials they need in order for them to have a better understanding and be able to improve.

#### Large Advocacy

In order to help my audience I will plan to work with them by setting up workshops to educate on the healthy way to teach with technology and media and to keep kids active. We will have talks with parents and children about the technology/ media using it the right way and not the wrong way. Parents should not allow their kids in early childhood to use technology or media in such an early age because there are many concerns how children get affected by it. We will

speak to the education administrators about providing teachers with tools they can use and in workshops. We will get petitions to get computers, and funds to provide those workshops to teach those how to use educational sites and technology.

# Commentary

I chose this topic because I feel that now in days it is important to teach and show children how to use technology/ media in the right and how to avoid to use it in a negative way .I feel that this subject is meaningful to me because it's important right now for children to learn how to use the technology a positive way. As a teacher being with young children it is my job to teach the students how to use the technology in a right way. Giving the right tools to my students.

## E.P.I.C Message

Dear Bill de Blasio,

E- In the world we live in today that has to do with Young children and technology/media is appalling. The generation all over the world has to do with technology and media and young children are having difficulties. There's pros and cons when it comes to a situation like this. According to the article in the New York Times, families or guardians should to teach their children how to use the technology in a good healthy way. Ground

rules should be set for their children to understand when its time to start using the technology or media and when it's time to put away.

P- The problem we have today with Young children is, using technology and the media can cause plenty of health issues such as obesity, depression, lack of sleep, Short attention spans, hinders student's ability to communicate or talk face to face, cyber bullying. Having too much screen time can cause children to not see the real life than the pretend life. Families and the community are affected because technology can bring negative things meaning no interactions with children or between your siblings or parents, just have to use the technology in a thoughtful way. Technology affects the way individuals communicate, learn and think. With media people now use emails, social media, chat messengers, video conferences, video calls, use images. Media influences a lot of children behaviors that can manipulate, influence, persuade. Both times having a positive and negative ways like mentally, physically snd emotionally.

I- I recommend Parents should spend more time with the children and have limited time letting them have screen time everyday. Teachers should do some outdoor activities with the children make them observe more of the world and being safe now during a pandemic.

C- Right now its very hard for children because we are under a pandemic and some students are doing remote learning, meaning they have school online for most of the time for

some hours. Parents are there to help them in every way but I feel that it isn't the same when you're in school actually sitting in a classroom learning. With the help from the Mayor of New York City, principles and community members we can open up to students and parents that technology can be done and be useful in a good healthy way.

Sincerely,

Ashley Reyes

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