

# My Five Senses



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ECE 211

# Introduction

Children use their five senses everyday naturally. It seeks to help children develop on a natural path with encouragement to gain skills that their brains and bodies are prepared to participate in. As they begin to participate in the classroom they begin to learn about their senses.

I decided to pick “My Five Senses” as my theme because the outside world shapes children's development through experiences that they have, which include using their five senses hearing, sight, smell, taste, and touch.



# Food Taste

**Goal:** In this subtheme children will be to express and record their preferences when tasting food

**Core Activities: Dinner Time:** Each family will bring in their favorite dinner time meal to share with the class. Then we will be drawing our favorite food and describe how it taste if it was sweet, sour or spicy.

**Food Shopping:** Children will create their own basket in which they are going to decorate and paint. Then we will go to the play kitchen area and pretend we are grocery shopping.

**Which one? Food quiz!:** A video where it ask children questions and it puts them to test. Children would also learn new vocabulary words to express food taste.

**Book:** My Food, Your Food By Lisa Bullard



# Touch Scavenger Hunt

**Goal:** In this subtheme children will be able to identify various textures through touch.

**Core Activities: Sense of touch:** Children are going to walk around the classroom and use their fingers to feel the different textures of the materials in the classroom and create a collage of the materials they used.

**Name art:** Children will fill in each letter of their name with the materials provided like gel water beads, pompoms, beans and glue the materials.

**Song:** “Head, Shoulders, Knees and Toes” a song that we will be using in the mornings as a warm up. Children are identifying the parts of their body by touching what’s being sung while feeling how the parts of their body feel.

**Book:** I Can Touch by Julie Murray



# What do you smell?

**Goal:** Children will focus on the sense of smell so that the child can differentiate between various items on the basis of their smell.

**Core Activities: Marker Scents:** Children will be rotating the scented crayola markers and smelling them. Next we will be completing a worksheet with a thumbs up and thumbs down in which children can draw lines, dots, zig zags and more in the colors they like or dislike. We will then smell the paper and see how colors smell all together.

**Scratch and Sniff Art:** children will first enjoy finger painting. Let it dry. Add a dab of glue and have your child sprinkle cinnamon or other pleasant smell atop a portion. When it dries, the child can (gently) scratch and sniff.

**Water:** Children will be adding food coloring to cups of water for example vanilla, orange, blueberry scent and more then sharing with the class which one is their favorite smell and color.

**Book:** Smelling by Helen Frost



# Do you hear it?

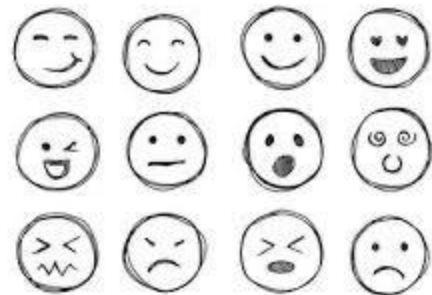
**Goal:** Children will be able to describe sounds that they hear and develop physical, cognitive and affective skills

**Core Activities: Window Listening:** We will have a moment of silence in our classroom and pay close attention to the noise that's occurring outside like a dog barking, birds chirping, sirens and more. Everytime children hear a noise outside they will raised their hand.

**Music and emotion:** In the listening center students will listen to a song and draw how it makes them feel by drawing faces, stick figures, rainbows and more

**Song: Cha Cha Slide:** a song that we will be using in the afternoons where children will be listening and move expressively to the sound and music.

**Book:** Listening to my body by Gabi Garcia





# All about my eyes

**Goal:** In this subtheme students will be using their eyesight to explore the world around them and themselves.

**Core Activities: Self portrait:** Children will study each of their physical features and draw themselves by using a mirror to guide them. It is not about making a great artwork, but about getting practice and gaining confidence.

**Leaf art:** students will select one leaf to observe. Using magnifying glasses, they will observe and sketch the leaf. When done we will be using watercolor paint and brushes to color the leafs.

**Bubble art:** in a plate we going to mix water and soap with the food coloring. We will Blow into the straw until bubbles form. Gently lay your cardstock over the bubbles. As the bubbles pop they will leave an imprint on the paper. Repeat the process until your page is covered

**Book:** I Like Myself by Karen Beaumon

