

Escarlet Del Rosario

ECE 2010, sprint 2021

05/25/2017

Professor: Antonio Freitas

Advocacy Paper

I am concerned about the lack of control that is increasing every day in the classrooms, at home as well on the streets. self-control is one of the emotions that can help us sink as a person or make us a great person. without self-control we are nobody, so children need to learn how to control themselves. Self-control is the ability to exercise control over oneself, that is, to control one's emotions, behaviors, desires, or simply be calm. This ability allows us to face each moment of life with greater serenity. The lack of control is defined as bad behavior, when a child behaves badly, perhaps the child has a behavioral problem, or maybe the problem is not him but the situation around him. Aggressive behavior may be due to problems at school, neurological disorders, or as a result of a conflicting relationship with their parents. In any case, it has negative consequences for the same child and also for all those around him, both in the family and in the school environment. The lack of self-control brought with it many other negative effects, such as impatience. That's why we must put an end to this and give all the necessary Support to our children. This issue affects the classmates, the teacher and the child that has the problem. The classmates who are abused by the other child who do not have self-control, and also teachers who have to be more careful with the child who can't control himself. The teacher needs to be paying attention, so nobody gets hurt, because most of the time when a child does not have self-control, they tend to hit the other, and to get angry easily. On the other hand, the same

Child who has no control is affected, because there comes a time when children do not want to play with him, and the child feels that rejection. This affects children in such a way that they will not have friends because of their behavior. It affects the family because there will come a time when it will be difficult for the parents to control their child's behavior and in the communities the child may face various problems due to his lack of self-control. Parents should start putting limits on the children and teach them that not everything they want can get it. Parents should monitor children's behavior, and start taking actions when they are at a young age.

My audience is parents and caregivers; Caregivers are in a position of help because it is where children spend their time and a large part of their learning depends on them, but parents have to do their part and be a role model, must follow what their children are doing, practice patience at home and be a good partner. correct children, but they must also be careful in the way they do it, parents need to be careful with their body language they use, and their actions because children are a sponge, and most of the time they get that from the parents. As parents, we can help our children to promote what was always called willpower when studying or concentrating on a task; as long as we are aware that poor academic outcomes, to give an example, are not always explained by a lack of effort or concentration. Before labelling your child as lazy, ask yourself if there is no other trigger such as stress or low self-esteem. In order to help our child with this little problem we need to always be positive. An optimistic attitude on the part of parents about their child's ability to face up to challenges is basic. The child must feel that he can do so and that sensation will be reinforced by the behaviors of his or her parents. In addition, a positive climate strengthens learning and motivation; Plan and strengthen motivation. Help him to gather the reasons that lead him to make that particular effort and to prepare arguments to circumvent possible interruptions or temptations that may arise. Preventing these obstacles with

clear arguments will help you avoid them. Plan the time when the effort will also help; bring small but significant objectives. I want to encourage parents to work with the school to help children to control them self, one of the actions that I want to take is that we get together as one family, teachers and parents, who both at home and in schools have control of the children and that they are taught to have control of their emotions. I want to suggest some exercises such as counting from 1 to 10 so that the child calms down when that moment of anger come to them, we can also play a game called the ballon, It is about imagining, when we get angry, we we get nervous or irritated, we are a balloon that is gradually inflating. Once inflated, we will imagine that we are flying high and that we relax. We can use a real balloon to exemplify the technique and make it more visual and understandable for the child. Another very special game to help us control our emotions is the traffic light. This consists of teaching children to calm down in situations that cause anger or frustration.

One of my sources is the article “help your preschoolers gain self-control”. I found it on: <https://bmcc.libguides.com/az.php?s=48194>. This article talks about how important it is to teach our children to have self-control. It gives us tips in order to help the children to gain self-control; the first one is to change the rules in a game to make it an opposite game. For example, instead of playing the family version of Simon Say, we play Simon don't say. Explaining the new rules of the game. Another tip that they gave us was don't give the child what they want right away, make them wait. For example, if we are using the phone and they ask us for something, we have to let them know that we need to take our time to give them what they want. To do activities together that require following directions, also help the children to have self-control. Cook or bake, the mom or the caregiver read the recipe aloud. Tell the child to listen carefully so we all know what to do. And read them again, so they read how to pay close attention. Help children to

understand how long they need to wait for something and suggest activities to do while they are waiting, it's an excellent strategy for them to gain self-control. A lost tip that they gave us to help our preschoolers gain self-control, is to plant something easy to grow as bean seeds in a plot or in a garden. We must check together every day until the planet pops up.

My second source is the article "What parents have to teach us about their dual language children". I found it on: <https://bmcc.libguides.com/az.php?s=48194>. This article explains the role that bilingualism plays in language, literacy, cognitive, and social and emotional development. The author shows that the language development of children who are dual language learning is similar to that of children who are monolingual. It has nothing to do with what some parents believe, that if their child spoke more than a language or the native language, it will be difficult in order to learn the new one. The vocabulary and the language that they use will depend on the experience they live in each language and how their family uses it. The home language has a big impact on the lives of our children, but without the parents' help; is almost impossible for the children to make progress on their language skills.

I chose type source research, because it is so true full source and I always find relevant, and effective news. I learned about some strategies that careers should have to help our students have gained self-control. Such as being able to wait and take deep breaths to calm anger. I also learned that It can be a sign of the frustration and anxiety that go hand in hand with struggling in school, and sometimes what looks like a lack of self-control is actually a lack of social skills. It's hard for kids to follow social rules if they don't know when they're breaking them. In the second article I learned strategies on how to help children become more friendly, and to understand that all students are different and that we have to support those colleagues who have difficulty with language. The type of advocacy and action that I need to bring my issue to get the attention of

the target audience is graupel advocacy. I want to speak in defense of all teachers and parents who feel affected by this (the lack of control on children). I need the support of each of those people who have been affected or who know that self-control is necessary to have a good intellectual development. I need careers to support me with your opinion and with strategies on how to control that inconvenience in classrooms. Some of the actions that I will take to educate parents about self-control; are first I will be offering parents a speech about self-control to understand where the lack of self-control begins in children, and what are some solutions to begin at an early age. I will also be offering therapy for the families who are dealing with these issues, they will be shown an example of what can be a simple whim; because many times everything starts with it, and we begin to give everything our children want, and it is since they started to develop the issue.

I chose this problem because I worked with children, and I could see the lack of understanding and self-control in families. I understand that it is necessary for the good management and growth of a child, that affects the teacher as well the classmates, the same child who has no control, and even the parents (a all). There comes a time when parents lose control over their children and children begin to do everything they want, which parents see as nothing; but it is a very big thing because from that moment on, children have started wanting to have a position in everything, and believe that they have a right above all, if they do not get what they want, they get out of control. I also believe that it is a very useful topic and that it will help you for life, both parents and children.

